



S.I.W.S.
N.R. SWAMY COLLEGE OF COMMERCE AND ECONOMICS
AND
SMT. THIRUMALAI COLLEGE OF SCIENCE
WADALA MUMBAI-400031

20.02.19

Annual Report

2018-19

Women Development Cell

The Women Development Cell (WDC) of SIWS College conducted the following activities in the year 2018-2019.

1) A talk on Legal Rights of Women by Advocate Angeline Rodrigues on 11th August 2018.

The session started with an interactive talk on the difference between Constitutional and Legal Rights. Students and teachers equally participated in this session. Emphasis was given on different Legal Rights of Women regarding domestic violence, sexual harassment, rape, molestation, role of police and authorities and succession rights of property. It was an enlightening session for students and the teachers.


2) Workshop on Pre-Marital Counseling by Mrs. Pradnaya Saraf, Mrs. Savita Kurade, Mrs. Sangeeta Saraf, and Mr. Chandrakant Sarvgod of Stree Mukti Sanghata on 10th and 11th September, 2018.

The counseling sessions provided students, information about the necessary skills requirement to enhance communication, problem solving, and decrease conflict by addressing expectations within marriage.

A session on Sexuality Education cleared myths about sex. Premarital counseling programs have emerged as a way to lower the chances of divorce and also to understand expectations after marriage. Students actively participated in these sessions. Their doubts were answered and many misconceptions cleared. It was an eye-opening session for both the students and teachers.

More than hundred students attended the two day session.




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3) Workshop on Self Defense for Girl Students titled “Mission Sahasi”-Making of the fearless by ABVP on 12th December,2018.

The aim of this particular workshop was to work on developing self-defence, which is the use of the right of self-defence as a legal justification for the use of force in times of danger.

The workshop was conducted by ABVP team comprising of more than twenty volunteers. The lead trainer was Mr. Robin, who has represented India in various martial arts.

Robin Sir taught the girls many self-defence tricks and techniques to develop confidence in them. Safety precautions at road, home, school, public places etc. were also taught in the limited available period of time. It was a hands-on workshop where the girls performed along with the volunteers very effectively. 162 students attended the workshop with zeal and enthusiasm

4) A workshop on “Wellness and Grooming” by Mrs. Tini Singh of Proctor and Gamble was conducted on 9th February, 2019.

This session aimed to demonstrate the importance of maintaining good personal hygiene and illustrate the importance of comprehensive cleaning to maintain a good health and a better personality in a society.

The session was conducted by Procter and Gamble Hygiene and Healthcare ltd. The speaker of the day was Ms. Tini Girish Singh, a representative from P&G.

The session was illustrative and visual multimedia was used. The workshop was ended with question and answer session.

Over 100 students attended the workshop with zeal and enthusiasm. It was an interactive session where students actively participated by answering the questions and receiving goodies.

Rekha Bhatia

Mrs. Rekha Bhatia
Convener

Date- 20.02.19



Usha Iyer

Dr. Usha Iyer
Principal
PRINCIPAL
S.I.W.S. N.R. Swamy College of
Commerce & Economics and
Smt. Thirumalai College of Science,
Wadala, Mumbai - 400 031