## S.I.W.S. N.R. SWAMY COLLEGE OF COMMERCE AND ECONOMICS

## SMT. THIRUMALAI COLLEGE OF SCIENCE WADALA MUMBAI-400031.

## NSS ANNUAL REPORT 2018-2019

The National Service Scheme aims at developing amongst students a sense of participation in nation building through Social Work .

Aim of NSS is "Education through community service".

Motto is "Not me but you"

Overall Objective of NSS is "Personality Development."

The NSS unit of our college comprises of -

Programme Officers: Prof. Betty Mathew, Prof. Sandeep Vansutre,

Committee members: Prof. Ravindra Singh, Prof. Suresh Rao, Prof. Manidas Nayak, Prof. Apurva

Khandekar, Prof. Meenakshi Nadar, Prof. Nilesh Karbhari.

NSS unit has 150 volunteers: 60- male; 90-female in this academic year.

NSS Unit of SIWS College rendered following activities in the academic year 2018-2019.

#### > JUNE: INTERNATIONAL YOGA DAY:

NSS unit of SIWS College flagged off the academic year 2018-2019 with the celebration of "International Yoga Day" on 21st June 2018. The session was inaugurated by our Principal.

Dr. Usha S. Iyer and she also motivated the students to practice yoga every day for the spiritual, emotional and healthy life ahead. Mr. Vipul Jha our own student of Computer Science conducted the yoga session. There were 101 participants: [51 boys, 50 girls] who were the beneficiaries.

#### > JULY: TREE PLANTATION

**5**<sup>th</sup> **July 2018** -Tree Plantation event was held in college campus. 10 Kashid and currency saplings were planted in College campus by 10 Volunteers. [Male-08 & Female-02]. Principal of our college Dr. Usha Iyer and teachers initiated event by planting trees.

**25**<sup>th</sup> **July** - Tree Plantation Drive was held in Badlapur on 35 saplings were planted. This was a pollution level control drive conducted at Badlapur in association with our ex- student of our college Mr. Omkar Subramaniam who is also an ex- NSS Volunteer.

#### **Anti-Cyber-Crime Seminar**

15<sup>th</sup> July 2018 Seminar on anti-cyber-crime held in Brahman Sahayak Sangha hall on.

04 Male volunteers went there to attend the seminar.

**16**<sup>th</sup> **July2018-** Waste Compost: Survey of the village to find out place for waste compost. Villagers were made aware of the Waste management by distributing the pamplets in Ambeshiv village on. Total-6 [Male-04 & Female-02]

18th July 2018, 06 male volunteers visited the village and helped old farmers in the paddy field.

#### **Guru Purnima - [College]:**

27<sup>th</sup> July 2018 NSS unit of our college celebrated Guru Purnima by welcoming the teachers in the morning and also distributed Tulsi Sapling to the teachers. Total-10[Male-06 & Female-04]

#### > Guru Purnima Celebration [ Adopted village ]

27th July 2018 NSS unit also celebrated Guru Purnima in our adopted village school, Ambeshiv village; Badlapur by greeting the teachers with Tulsi sapling. Total- 7 [Male-4 & Female-3]

- **▶** Vermicomposting Lecture
  - > **28th July 2018** NSS unit of our College organised Vermicomposting lecture at 10:30 am by Mr. Ajay Rajput. Total 63 [Male-39 & Female-24]
- Stem Cell Registration:
  - 30<sup>th</sup> July 2018 We organised stem cell registration in association with **Datri Stem Cell** Foundation.

    107 [Male- 48 & Female-59] donors registered.

    Total- 7 [Male-04 & Female-03]

#### > Road Safety Lecture & Demonstration

On **30**<sup>th</sup> **July 2018** NSS unit Organized activities for enhancing the safe two wheeler riding skills of the students in association with United for Road Safety powered by Castrol. It was conducted by Professional trainers in the form of multimedia classroom session on safe riding followed by on-wheel assessment for participants carrying valid driving license. [38 –BENEFICIARIES]

#### **AUGUST:**

- NSS Unit observed Swachata Abhiyan fortnight.
- Swachata Pledge
- 1st August 2018, Volunteers took a pledge on Swachata Abhiyan Total- 53 [Male-27 & Female-26]
- **2<sup>nd</sup> August 2018** Canteen & Campus Cleaning, Volunteers participated in Canteen and campus cleaning. Total- 27 [Male-8 & Female-19]
- 3<sup>rd</sup> Aug 2018 Science Laboratories (Chemistry & Micro-Biology) & Library Cleaning this activity was conducted Total- 8 [5Male-8 & Female-3]
- Classroom Cleaning
- **4**<sup>th</sup> **August 2018**, Classroom cleaning was done by the volunteers Total- 53 [Male-27 & Female-26]
- Ration Office Cleaning (King Circle)
- **10**<sup>th</sup> **August 2018**, Volunteers participated in Ration Office cleaning at King's Circle. Total- 22[Male-5 & Female-17]
- Slogan making, Essay writing & Poster making Competition
- 11<sup>th</sup>August 2018, our unit organised Slogan making, Essay writing & Poster making Competition. Topic: Swachata Abhiyan

Total- 2(Male-1 & Female-1) Volunteers supervised all three competitions.

- > Traffic Police Station Cleaning
  - 13<sup>th</sup> August 2018, Volunteers participated in Traffic Police Station Cleaning at Wadala.

    Total- 13 [Male-6 & Female-7]
- > Matunga Police Station Cleaning

14th August 2018, Volunteers cleaned the Matunga police station.

Total- 20 [Male-9 & Female-11]

**15**<sup>th</sup> **August 2018,** Volunteers Performed Street Play, rally at Wadala police station (Topic-Swachata Abhiyan) and also performed a group dance on the occasion of Independence Day.

(Street Play) Total- 15[Male-6 & Female-9]

(Rally) Total- 28 [Male-11 & Female-17]

(Group dance) Total- 4 [Male-3 & Female-1]

➤ Road Safety (College Campus)

21st August 2018, Volunteers spread awareness about road safety in the College campus.

Total- 12[Male-7 & Female-5]

- NSS Orientation
- 23<sup>rd</sup> August 2018, attended NSS Orientation was conducted by Area Coordinator of NSS Prof. Vijay Gawde.
  - Team Building

On 24th August 2018, Team Building Session was conducted in college. Total- 46[Male-12 & Female-34]

On 25<sup>th</sup> August 2018, Volunteers reported Worli for walkathon to support the campaign started by Subramanian Narayanan.

Total- 19[Male-9 & Female-10]

• Raksha Bandhan with Matunga police station

On 25<sup>th</sup> August 2018, 8 female volunteers went to the Matunga police station to tie the rakhis to the police officers Rakhis were made by Tribal women money collected by selling those rakhis donated to them.

- **BLOOD DONATION I**
- > Awareness drive :
- Street Play & Rally on Blood Donation
- **27**<sup>th</sup> **August 2018**, Volunteers performed Street Play for Blood Donation

Total-15 [Male-4 & Female-11]

Volunteers participated in Blood Donation Rally. Total- 42 [Male-17 & Female-25]

- > Preparation of Blood Donation
- ➤ 27<sup>th</sup> August 2018, Volunteers helped in preparation for blood donation camp

Total- 20 [Male-9 & Female-11]

• Blood Donation Camp:

**28**<sup>th</sup> **August 2018**, Blood donation camp was organized in association with KEM Hospital .98 bags were collected and total **134** donors were there and 36 got rejected. Total- 38 [Male-16 & Female 22].

**Ganesh Festival Lecture** 

On 31<sup>st</sup> August 2018, a lecture was arranged was arranged to create awareness for eco-friendly Ganesh festival in association with United Way. Total -21[Male-11 & Female-10]

#### **SEPTEMBER:**

- NSS unit observed Organ Donation week from 1<sup>st</sup> Sept to 8<sup>th</sup> Sept 2018
   Organ Donation Rally
  - ➤ Workshop on Digital Financial Literacy Campaign
- 5<sup>th</sup> September 2018, National Payment Corporation of India (NPCI) in association with On fees conducted a workshop to create awareness on Digital Financial Literacy
  - > Anti-Plastic Campaign

Environment awareness & conservation was carried out by our NSS volunteers to improve the quality of environment & health

• Rally on Anti-plastic & Cloth Bag Distribution

On 8th Sept anti-plastic campaign was organized by conducting a rally in Wadala area & distributing cloth bags in the shopping complex of Wadala In this venture old bed sheets & sarees were collected by our volunteers and two volunteers actually stitched all the bags in association with economically weak ladies to support their household activities. Total- 24 [Male-11 & Female-13]

#### Times Green Ganesha [11-2.30pm]

• 12<sup>th</sup> September 2018, Eco-friendly Green Ganesha Workshop was held in our college. This workshop is a great eco-friendly awareness Programme held by Times Green Ganesha powered by Maharashtra Pollution Control Board. Students from our junior college. M D College, Gurunanak College, Ambedkar College and our junior college students attended this workshop.

Total- 49 [Male -21 & Female-28]

• 18<sup>th</sup> & 21<sup>st</sup> Sept 2018 In association with united ways our NSS volunteers also created anti-plastic awareness in Ganapati Mandal- Mahim Fisherman Colony on

Following events were conducted-

- 1. Cloth Bag Distribution.
- 2. Best out of Waste.
- 3. Articles (mobile holders, pencil holder, flower vase etc.) used in day to day life were made by our volunteers and exhibited in Ganapati Mandal.

4. Awareness was created among the women by conducting

Quiz competition related to environmental issues Total -7 [Male-3& Female-4]

> Ganesh Visarjan Crowd Controlling Event

17 Sept 2018- Sion Talao and Dadar Terminus

19 Sept 2018- Sion Talao

23 Sept 2018- Sion Talao

Total- 37[Male 12 & Female – 25] Total- 33[Male-15 & Female-18]

Total- 26[ Male- 13 & Female-13]

> Beach Cleaning (Girgaon Chowpaty)

**24 Sept 2018 -** Time: 6:30-10:30 am

NSS volunteers went for Girgaon Beach Cleaning in association with Times of India. Total- 40[Male-21 & Female-19]

> AIDS Awareness Lecture

25 September 2018, Mr. Umesh Ghuge delivered a lecture about AIDS. He told us about how AIDS spreads from one person to another also symptoms of AIDS. Total- 90[Male-52 & Female-38] 27th Sept 2018 – Training on how to conduct a survey on Leprosy awareness was organized by BMC hospital officials.

• 1st Sept – 22nd Sept 2018 Book Distribution - Our NSS Volunteers took part in "Book Distribution" to the poor people in association with "Seva Sahyog Fondation" at Santacruz for 11days for 2 hours.

#### **OCTOBER:**

 2<sup>nd</sup> October – Swachata Abhiyan Mission in KEM Hospital in association with Nehru Science Centre. It was a good initiative taken by the Nehru Science centre for creating awareness in the hospital atmosphere.

**4<sup>th</sup> October** – As a part of AIDS awareness Programme [ICTC] Integrated Counselling and Testing Centre visit to KEM Hospital was organized. Total - 18 [M-11 & F-7].

> Leprosy Awareness

**27**<sup>th</sup> **Sept-10**<sup>th</sup> **October**- An ongoing project of leprosy awareness till 10th Oct. Was done by the NSS volunteers in King's Circle, Wadala Bridge.

Total-13. [Male-8 & Female -5]

- > Voter's Awareness Drive
- 4<sup>th</sup> October- Voters Awareness Rally was conducted.

Total -28 [Male-16 & Female-12]

• 8<sup>th</sup> October - Volunteers distributed old clothes in Wadala slums near station.

Total-11 [Male-3 & Female-8]

- 11<sup>th</sup> October- Orphanage Visit, distributed biscuits, Colgate, paste and toothbrushes to Salvation Army Orphanage centre.

  Total-8 [Male-5 & Female-
- 13<sup>th</sup> October- 60 filled Voters Registration forms were submitted to Mr. Vijay Deshmukh.

Total- 60 [Male- 30 & Female-30]

- 13<sup>th</sup> October- Rally on Road safety was conducted. Total- 26 [Male-14 & Female-12]
- **14**<sup>th</sup> **October** Spent time with kids of **daily wages workers**, various activities were conducted for these kids. **Counselling** of the kids was also done. Total- 10 [ Male-2 & Female-8]
- 16<sup>th</sup> October- Distributions of tube lights in Salvation Army Orphanage centre. Total -12 [Male-5 & Female-7].
- 25th October Advisory committee Meeting
- **➤** Advisory Committee meeting Report (2018-19)

Advisory Committee meeting for academic year 2018-19 was held on 25 October 2018, with our Principal Dr. Usha Iyer and NSS District Coordinator Dr. Satish Kolte all the other members were present.

#### **NOVEMBER:**

- Survey for Aadhar Card, Voter ID, Ration Card in Ambeshiv, Badlapur was conducted on 5<sup>th</sup> November 2018. Total- 14[Male-8 & Female-6]
- 5<sup>th</sup> November 2018 **Mahitidoot** An activity of mahitidoot was conducted in adopted village by 4 volunteers to create awareness about the various government schemes to the villagers.

#### **DECEMBER:**

- 9th -15th December 2018 Residential Rural Camp in adopted village Badlapur.
- **19<sup>th</sup>December 2018** NSS Volunteers performed a group dance on college Annual day. & few NSS volunteers helped in organising activities in college festival.

#### JANUARY:

#### Blood Donation & Donor cards rendered :

- 1. Four volunteers [Boys] donated blood to the mother of one of our staff members at Raheja hospital Mahim on 4th January 2019.
- 2. NSS unit helped serious patients [near ones], of our teaching, non-teaching staff members and students, who were in need of blood by giving donor cards.

#### 4th -6th January 2018 - YUVA CAMP

Sevagram Collective organized three day residential camp based on the theme "Contemporary issues & Gandhian Thoughts" from 4<sup>th</sup> January to 6<sup>th</sup> January 2019 at Balwant Mehta Panchayat Raj, Jagruti Kendra ,Shantivan, Panvel N.S.S. student volunteers from eleven Mumbai city colleges have participated in this camp.

SIWS College: 4-Boys

- 22<sup>nd</sup> Jan 2019: Demonstration and "HANDS ON TRAINING" on EVM and VVPAT (Voters veritiable paper Audit Trail) was organised by 180–Wadala Assembly Constituency on 22nd January 2019 from 11.00am 5.30 am in Gymkhana Hall of our college.
  - Total count of 1336 including students ,teaching and non-teaching staff availed the benefit of this demonstration.
- **29**<sup>th</sup> **Jan 8**<sup>th</sup> **Feb 2019**: Voters Awareness drive in association with BMC office F-NORTH ward. Volunteers geared up for creating awareness in the society for the upcoming elections by practising street-play for performing it in various places in Mumbai.

The first performance is on 31st Jan 2019 at Dadar T. T. & Five Gardens.

#### **Voters Awareness Street Play Performance**

S. No.	Health Center	Date	Time	Venue
1.	Don Bosco	31- 1-2019	11.30 am -1.30 pm	Dadar T. T. & Five Gardens
2.	Pratiksha Nagar	1-2-2019	11.30 am -1.30 pm	Sion Fort & G.T.B. Station
3.	New U.P.H.C.	4-2-2019	11.30 am -1.30 pm	MHADA Colony
4.	L.B.S.	5-2-2019	11.30 am -1.30 pm	Dadar & Matunga Station
5.	Antop Hill	6-2-2019	11.30 am -1.30 pm	Sangam Nagar & Antop Hill
6.	Wadala	8-2-2019	11.30 am -1.30 pm	Wadala Station & Noora Bazar

# University level Programme Participation of NSS Volunteers in various University level Programme:

SR	No. of volunteers participated			Date/Period of Programme	Nature of Programme	Organizer & Venue of the Programme
No.	Male	Female	Total		110914	1 rogrumme
1	1	1	2	15 June to 21June 2018	Yoga Workshop	Sports Club, Kalina Campus
2	5	8	13	20 July 2018	Seminar on Interaction on Careers	Sydenham College
3	11	17	28	6 August 2018	Peace Rally	Azad Maidan
4	2	1	3	18 August 2018	Blue Ribbon Movement	Don Bosco School
5.	3	2	5	21 August 2018	Lecture on Road Safety	Hinduja College
6	1	1	2	28 August 2018	RRC Lecture	MDACS, Wadala
7.	0	1	1	31 August 2018	Exploring an Unknown Gandhi	KC College
8.	2	0	2	19 September 2018	Yuva Mahiti Doot	KC College
9.	1	1	2	25 September to 29 September 2018	LTC Camp	Badlapur
10.	1	6	7	28 September 2018	Gandhian Thought Seminar	Guru Nanak College
11.	1	4	5	31 October 2018	Ekta Rally	Marine Lines
12.	3	4	7	17 December 2018	Mid-Term Meeting	Convocation Hall Fort
13.	14	12	26	23 December 2018	Hosh – Walkathon	Shivaji Park to Siddhivinayak Temple
14.	4	0	4	24 December 2018	Avishkar – Prize Distribution	Kalina
15.	4	0	4	24 January 2019	District Award Function	Kalina Campus
16.	11	9	20	17 January & 18 January 2019	District Level Event Theme based	S.I.W.S College

17.	15	15	30	2 February 2019	Yoga sadbhavana	University Sports Club
18.	5	0	5	3 February 2019	Vivekananda Run	Juhu Beach
19	8	5	13	3 February 2019	Digital India Inauguration	Kalina Campus
20	10	7	17	4 February 2019	Road Safety Week Inauguration	Yeshwantrao Chavan center, Mantralaya
21	12	11	23	8 February 2019	Public Concern for Governance Trust	Birla Matushari hall
22.	2	5	7	9 February 2019	A University Programme of Hon. "Know Your Legacy"	Kalina Campus
23.	3	5	8	11 February 2019	Corruption Free Governance & Human Rights	Jai Hind college
24.	6	4	10	12 February 2019	Street Play Competition	Khalsa College
25.	4	1	5	16 February 2019	Sankalp	Lala Lajpatrai
26	7	4	11	27 February 2019	Marathi Divas	Bhavan's Chowpaty

#### **AWARDS**

#### 1. 27<sup>th</sup> December 2018 - Times Green Ganesh award function.

Among many colleges in Mumbai who took part; our college NSS unit received award from Cabinet Minister of Environment Shri. Ramdas Gangaram Kadam for selfless SEVA towards **GREEN GANESHA** by Times group powered by Maharashtra Pollution Control Board at Sahyadri Guest House, Malabar Hills. Prof Manidas Nayak along with 11 volunteers represented our college for this award function.

Total - 11 [Male 9 & Female 2]

**2. 20**<sup>th</sup> **February 2018** – NSS unit of our college was felicitated by MDACS AIDS centre o for performing Flash mob for [AIDS awareness] at Dadar and CST.

### STUDENT WELFARE ACTIVITIES:

#### I] NSS ALUMNII:

- A pollution level control drive was conducted at Badlapur in association with our ex-student and volunteer of our college Mr. Omkar Subramaniam.
- Our own ex-student and volunteer Mr. Kishore Patil conducted a workshop on Personality development and Mime session.
- Mr. Prakash' Hasbe who is also our own ex-student and volunteer represented our advisory meet on 25th October.

25th to 29th September2018: Mst.Sparshal Raut and Miss Riddhi Ambre completed Leadership Training Camp successfully.

18th August 2018: 3 volunteers attended leadership training interview in DON BOSCO Training institute [Blue Ribbon Club].

NEHRU CENTRE VISIT: NSS unit were taken to Nehru center on 25th October 2018. They were given various insights for their career. Total- 61 [Male-29 & Female-32]

#### > DONATIONS RECEIVED:

- Our Principal Dr. Usha. S. Iyer donated the NSS unit a mixer and sound system which was of
  great use during the camp.
- Prof. Vinod Nayak funded the NSS unit for Drinking water [Bisleri] during the camp.
- Prof .Ayyappan Iyer donated stationary to the poor kids of adopted village Badlapur.

Prof. Betty Mathew NSS Programme Officer

25th March , 2019

SIWS MASS

Dr. Usha S. Iyer Principal

PRINCIPAL
S.LW.S. N.R. Swamy College of
Commerce & Economics &
Smil, Thirumalai College of Science,
Wadala, Mumbai - 409 031

#### **CAMP REPORT 2018 - 2019**

#### **RESIDENTIAL RURAL CAMP:**

### 9th December – 15th December 2018 - 2019

NSS Residential Rural camp in "ZillaParishad High school" Ambeshiv, Budruk village Badlapur.

### **Activities during the Camp.**

The camp comprised of 2 Programme Officers. Prof.Betty Mathew and Prof. Sandeep Vansutre

Total volunteers: 69 [32 Boys & 37 Girls].

Prof. Meenakshi Nadar was there for the camp for 3 days.

The camp was inaugurated on 9-12-2018.

The day used to start with Yoga Session, Aerobics and end with value educated session.

#### **Daily Activites:**

- 6am -7.30am: Yoga & Aerobics

- 8am – 10am: Shramadan

#### • 9th December 2018

- 10.30am: Rally on Aids Awareness
- -11am -12pm: Orientation lecture for Camp (Prof. Nilesh Karbhari)
- Prof Ravindra Deodhar visited the camp.
- 3.30pm onwards Preparation for Inaugural address
- 5pm -7pm: Residential rural camp was inaugurated by NSS University Coordinator, University of Mumbai Dr. B.S Bidwe. He motivated & encouraged the volunteers about NSS activities in his inaugural address
- 7.30pm -8.30pm: Ice breaking session- Mrs. Betty Mathew. All volunteers introduced each other.

#### • 10<sup>th</sup> December 2018

- 7.45am -9am: Shramadan Cleaning of the campus
- 9am 10am: Visit by Ramachandra Jamdhare [Ex Sarpanch]
- -11am 12pm: Poster Making (on various social issues)
- 3.30pm 7 pm: Mr. Sachin Patil (session on Street play)
- 7.30pm 10 pm: Mr. Kishor Patil our own ex-student took a session on (Skit & mime)

#### • 11<sup>th</sup> December 2018

- 7.45am -9am: Shramadan Cleaning of the campus & cleaning of village area, mandir
- 11pm 12pm: Rally [Social Issue Awareness].
- 3pm 5pm: Prof. Nisha Deodhar (Sustainability & me). She also took a competition of Fashion Show on 'Best out of waste'.
- 6pm -7pm: Street Play practice on given topics of social issues.

#### • 12<sup>th</sup> December 2018

- 8am- 10am: Cleaning campus.
- 9.00am -12pm: 23 Volunteers went to Ramgiri Ashram for Cleaning (SwachhataAbhiyan)
   Some volunteers helped the farmers, collected cow-dung for various agricultural activities
- 12pm 2pm: Visit to Ramgiri. A session on moral values conducted by Swami Radhakrishnan
- 4pm -5pm: A session on 'Personality Search' by (Mr. Kiran Shinde)

- 5pm - 6pm: Street plays on various Social Issues were performed at different places in the village

### 13<sup>th</sup> December 2018

- 7.30am 9am : 6 Soak pits were dug in the village to channelize the waste water .
- -10am -12pm: Leadership & Social Responsibilities lecture was taken by Narayan Sir
- -Dr. Ravindra Singh, Dr. Sangamitra & Dr. Helen visited the camp.
- 3pm 5pm : Mr.Raju Koli [Guest lectures on Blind Faith Awareness].
- 6.30pm: NSS University Coordinator, University of Mumbai Dr. B.S Bidwe visited the camp.

#### 14th December 2018

-9.30am -10.30pm: Swacchata Abhiyan in the village areas .Students were divided in groups and cleanliness of Bhinar Pada, Gram Panchayat office & Camp village areas were completed

Prof. Apurva Khandekar was there for the camp for 2 days

- -11am -1pm: Rally & Street Play perform in different village areas
- 3 pm -5pm: Dr. Ashish Thakkar (Health Education; Be Positive)
- -5.30pm 7pm: Cultural Program was arranged for the villagers.
- -7pm -8pm: Feedback session & Prize distribution.

#### • 15<sup>th</sup> December 2018

- Shramadan in School Campus
- Distrubution of paper bags in shops in village (Anti- plastic).
- Stationary items required for the School kids & one ceiling fan to the school. was handed over to Head of School.

Thus the Camp 2018 ended with good memories.

## DISTRICT LEVEL 2-DAYS THEME BASED WORKSHOP 17th & 18th January 2019

#### "Clean India for Better Tomorrow"

SIWS College in collaboration with University of Mumbai, under NSS unit organized for the first time District Level theme based workshop "Clean India for Better Tomorrow" for 2 days on 17<sup>th</sup> and 18<sup>th</sup> January 2019.Total 58 students from 18 different colleges participated in this workshop.

The Programme was inaugurated by **Prof. Vijay Gawde** (Area Coordinator, NSS Mumbai University, Vice Principal – Vidyalankar college) along with our Vice Principal (Science) Prof. Neeta Khanolkar.

The aim of the workshop was to highlight on the concept of Swachh Bharat Abhiyan, and to educate them about various forms of waste and how to deal with them in our day to day life.

Our first speaker for the day was **Mr. Jayant Joshi**, who is a Microbiologist by profession and has received Paryavaran Mitra award from TJSB bank, Innovation Excellence award from Rotary club. He covered the topic on '**Decentralization of Solid Waste Management**'. He explained how segregation of waste can be done. The mantra of reduce, reuse and recycle of our own waste and composting it in our homes. At the end of the session students were asked to make the list of plastic used in their daily life and how they can reduce the use of the same.

Our second session was taken by **Mrs Rashmi Joshi** who is working as consultant in solid waste management, also awarded with Nari Swashakti Purashkar. The speaker emphasized on collection, treatment and disposal of solid materials. She also focused on improper disposal of municipal solid waste which can create stagnant conditions which can lead to pollution and outbreaks of vector borne diseases. Students were shown some images of dumping ground, their current scenario and how our future is at risk. Students were further explained on E- waste (Electronic Waste) which contains 1000 times more powerful chemicals, which can come in direct contact to human beings on exposure of sunlight creating deadly diseases like cancer or TB.

Our third session for the day was by entrepreneur, **Mr., Devendra Singh** and his teams who provide **employment for women in Diva, Mumbai**, and These women make paper and cotton bags to earn their livelihood. These bags are further sold in shops and malls. Mr. Devendra also shared his experience of being an NSS student, what life lessons he learnt from NSS which further helped in opening his profitable Organisation in making recycling bags. Later the students were demonstrated on how to make paper bags with old newspapers. All students participated and thoroughly enjoyed the session.

Our last session for the day was from Prof. Santosh Pathare, who is currently working as journalist, columnist, also was a part of jury in International film festival at Norway, South Africa. The speaker emphasized on first cleaning our heart and mind, then focusing on our home, society, nation. He had interactive session with students asking them how they helped their parents at home and making it a habit on daily basis and teaching them to be kind with people who are working in streets and roads. The session started and ended with chorus song on Swachata.

#### Day 2: 18th Jan 2019

**First session:** "Hygiene and Sanitation" by Dr. Deepika Nandanwar, Assistant Professor Department of Community Medicine, KEM Hospital. The main reason to have this session was to educate students on basic hygiene such as taking bath, keeping our body, nails, hair clean. Healthy lifestyle and Healthy food were given prime importance in this session. Later this session also focused on the problem faced by open garbage and the issues with flies and mosquitoes. She also discussed on vaccinations to be taken as preventive measures are always better than cure.

**Session 2:** Started with two young ladies of Sangam Pratishthan Miss Komal Ghag and team, who are into dry and wet waste segregation, since 6 years. They shared their life experience achievements and challenges faced. As an initiative they have also started with **Mumbai's Fort clean up and Maintenance drive**.

Session 3: BMC Officers Mr. Dani and team took a session on Solid Waste Management.

**Session 4**: by Subhash Dalvi, Nodal officer put light on Mumbai's known slum "Dharavi". Dharavi cleaning initiative was taken up and he leaded this activity. The experiences he had in interacting with localities living in this area and how they are struggling was portrayed by different examples. Today he is proud to say that he has created a good surrounding for the people living there.

**The Valedictory Session** of the "Clean India for Better Tomorrow" workshop on was conducted by our beloved Principal Madam, Dr. Usha. S. Iyer, Bidve Sir- NSS University Coordinator, Subhash Dalvi

Sir and Mrs. Betty Mathew NSS PO. The cloth bag with our college logo was launched by our Principal and NSS University coordinator.

Towards the end of the workshop students from different colleges were asked to share their experience and learning with us, the workshop was concluded with vote of thanks and certificate distribution.

Thus year 2018-19 marked a memorable end for our NSS unit.

· The NSS Unit acknowledges the guidance and the moral support of our Principal

Dr. Usha .S. Iyer, Vice Principals Prof. Neeta Khanolkar, Prof. Aiyyappan Iyer, and our Management.

NSS unit thanks all Committee members: Prof. Sandeep Vansutre, Prof. Ravindra Singh, Dr.Sangamitra Mishra, Prof Manidas Nayak, Prof Suresh Rao, Prof. Apurva Khandekar, Prof.Meenakshi Nadar, and Prof. Nilesh Karbhari.

Group leaders: 1. Miss Vaishali Phalke 2.Mst.Pratik Gangavane, 3. Mst. Shubham Amne 4.Mst. Sujit Gaikwad 5. Miss Shreekaushalya Yelumalai 6.Mst Vishwanath Upadhyay 7. Mst. Yash Surve and NSS volunteers for their great support.

Prof. Betty Mathew NSS Programme Officer

Dr. Usha S. Iyer Principal

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